



# NOVENA TO THE HOLY SPIRIT



WRITTEN BY THE MISSIONARIES OF  
GOD'S LOVE PRIESTS AND BROTHERS



# About this Novena

The Pentecost Novena is the oldest Christian novena because Jesus himself asked His disciples to devote themselves to prayer nine days before the outpouring of the Holy Spirit at Pentecost. We read in the Bible of how the disciples “**were constantly devoting themselves to prayer**” (Acts 1:14).

Today we follow in the disciples' footsteps as we wait in our own 'upper room' and dedicate ourselves to nine days of prayer. We welcome with eager anticipation any gifts that the Holy Spirit intends to give us.

This Novena usually commences on the **Friday Before Ascension Sunday**, which is nine days before Pentecost Sunday. You may also pray this Novena at any time.

If you would like more information about the Feast of Pentecost, please watch our opening video reflection by Fr Chris Eaton MGL.

**Come, Holy Spirit!**





## THE MEANING OF PENTECOST

*Before you start this Novena to the Holy Spirit, you might like to watch Fr Chris Eaton's talk on the meaning of Pentecost.*

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# THE NOVENA TO THE HOLY SPIRIT

## HOW TO PRAY THIS NOVENA EACH DAY

1. Begin the prayer by taking some time to **quiet your heart, slow your breathing** and **calm your mind**. Then, ask the Holy Spirit to make you **aware of His presence** as you open up to him leading your prayer.
1. Pray the **consecration to the Holy Spirit** as below.
1. Pray the prayer corresponding to the **day of the novena** (1-9).
1. **Remain in silence** for a moment and be open to what God might say to you.
1. Finish by saying one **'Our Father'** as Jesus taught us and one **'Hail Mary'** (see page 6).

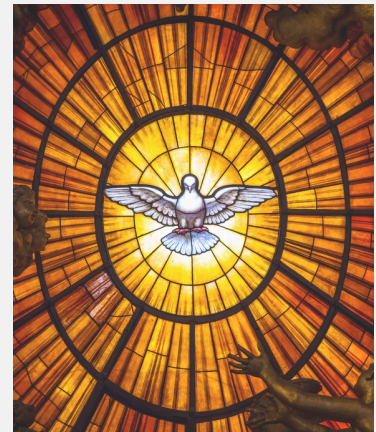
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## ACT OF CONSECRATION TO THE HOLY SPIRIT

*Holy Spirit, Paraclete, I consecrate myself to you. You can have my heart. Please fill it with the fire of your love. Let me learn your ways and know your truth. Make me aware of your gentle whisper in my heart so that I can always follow your promptings. Let me live in obedience to you and bless my entire household with the gift of faith. I am willing to receive whatever gifts you wish to give me.*

*I love you, Lord, and I wait with expectant faith for you to come upon me as at the first Pentecost.*

*In Jesus' name,  
Amen*



### FOR ALL THE GIFTS

Fr Justin Uzabeaga MGL

1.

*Let our hearts be filled with expectant faith as we prepare to receive what Jesus promised his disciples would receive at Pentecost. Lord, I want to know you. Let your Spirit overwhelm my heart, mind, and soul. Let me burn with the fire of your love so that I can spread this fire to others. Lord, move with power in my life as Jesus, our Lord, said in Acts 1:8:*

*“You will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.”*

*Lord, provide your people with the gifts we need to be bold in spreading the Gospel message to all people.  
Amen.*



## THE GIFT OF UNDERSTANDING

Br Michael Last MGL

2.

*Holy Spirit, I believe and declare in faith that you dwell within me. You are present and active in my mental life - my thoughts, my imagination, my memories, my desires. Come and shed your clear light upon my mind. Grant me the supernatural grace of understanding, that I may know and comprehend the truth and beauty of the Catholic faith. Illuminate my understanding and bring it into alignment with your Divine Truth.*

*Lord God, help me to see the world around me according to your vision. May I read and ponder your Word under the inspiration of your Spirit, that I may interpret your Word truthfully and in union with the Church. As I seek to receive and grow in this gift of understanding, strengthen the conviction of my faith, and lead me to love and worship you more ardently. Amen.*



## THE GIFT OF PIETY

Fr Brian Steele MGL

3.

*Father, we give thanks to you for calling us your beloved sons and daughters through the graces and merits of Your only begotten Son, our Lord, Jesus Christ.*

*Grant us the grace of a loving reverence for you our Father and a deep respect for all your sons and daughters. May the Holy Spirit enflame with us a deep piety for all who come our way in the journey of life.*

*Give us loving simplicity and humble hearts. Amen.*



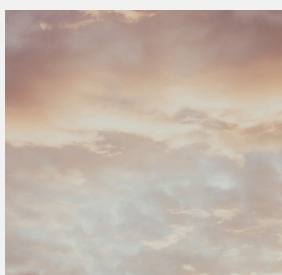
## THE GIFT OF COUNSEL

Fr Joshua Whicker MGL

4.

*Come, Holy Spirit, enkindle the hearts of your faithful. Grant us the Spirit of Counsel, that we would always know and follow your ways in all that we do. Grant us a burning desire to do the will of the Father. Make our hearts always drawn to love, drawn to the good, and drawn to that which is true and beautiful. Help us to turn away from all sin and from every evil, and give us a love of Jesus Christ, our Lord, who is the Way, the Truth and the Life. Lead us on that final day into the paradise that our hearts desire and are made for.*

*Amen.*



## THE GIFT OF WISDOM

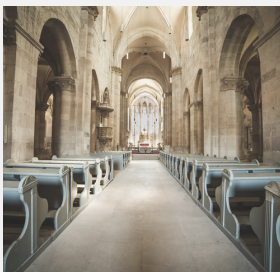
Fr Dave Tremble MGL

5.

*Lord, may I desire to take hold of those gifts that are from above, as much as you want to share them with me.*

*May my understanding be elevated by your wisdom, that lifts me to see from your perspective, and to delight with your heart.*

*Amen.*



## THE GIFT OF FORTITUDE

Fr Steven Tynan MGL

6.

*Lord Jesus, you alone are all good and the source of all good. Holy Spirit, as I navigate my way through an ever-changing world, help me to focus on all that is good, acceptable, and perfect, and be unwavering in my pursuit of them. Grant me the grace I need to resist the temptations to sin and compromise, so that I will be able to overcome any adversity and persecution by calling upon the most powerful Name, Blood and Cross of Jesus, in order to stand firm in your goodness and strength. In Jesus, I know that I have victory over sin and death. Holy Spirit, make my life one of true sacrifice and self-giving so that the truth of the Gospel will be proclaimed and lived throughout the world; so that every just cause will be won, every injustice overcome in the love and strength of Christ, and that I will grow in fortitude each day as a disciple of Jesus who is empowered by the Holy Spirit. Amen.*

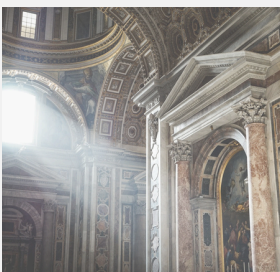


## THE GIFT OF KNOWLEDGE

Fr Stephen Fletcher MGL

7.

*Come, Holy Spirit, fill me with your gift of knowledge, to know the heart and mind of God in all things, visible and invisible, that I may be led and guided in the ways of Jesus, the Way, the Truth, and the Life. I entrust my heart, mind, and soul to you, Lord. Help me to become more like you. Amen.*



## THE GIFT OF HOLY FEAR

Br Leander Gonsalves MGL

8.

*Heavenly Father, You are Almighty and All Powerful, yet you call me your beloved child. Bless me, O Father, with the Gift of Holy Fear, so I may approach You with humility and reverence in my daily life. Help me to recognise Your presence in every moment and guide me to make choices that honour Your will. Grant me the courage to turn away from sin and embrace Your loving guidance with deep respect and awe. Amen.*



## FOR SURRENDER

Fr Baiju Thomas MGL

9.

*O Holy Spirit, Spirit of truth, the one who opens the eyes of our heart to the awe-inspiring splendour of God. Rain down on us today your graces so that we can be able to recognise your presence, acknowledge your magnitude, and to honour your plans for our lives which flow from your immense love for us. Turn our hearts towards your holy will, Heavenly Father. Only in submitting ourselves to your holy will, Heavenly Father, will our hearts be truly illuminated, our vision made clear, and our actions be ordered towards their perfect end. Oh, Divine Advocate, teach me to acknowledge the majesty of God and glorify him. For only in doing so can peace flourish in my soul. Amen.*



# COMMON PRAYERS

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## *THE OUR FATHER*

MATT 6:9-13



Our Father, Who art in heaven,  
 Hallowed be Thy Name.  
 Thy Kingdom come.  
 Thy Will be done,  
 on earth as it is in Heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 Amen.

## *THE HAIL MARY*

LUKE 1:28



Hail Mary,  
 Full of Grace,  
 The Lord is with thee.  
 Blessed art thou among women,  
 and blessed is the fruit  
 of thy womb, Jesus.  
 Holy Mary,  
 Mother of God,  
 pray for us sinners now,  
 and at the hour of our death.  
 Amen.



# GOD BLESS



FOR MORE INFORMATION ABOUT  
THE MGLS, VISIT OUR WEBSITE:

[WWW.MGLPRIESTSANDBROTHERS.ORG](http://WWW.MGLPRIESTSANDBROTHERS.ORG)

